

Jamalong sessions with Carrie & Mowkee

These jam sessions work alongside The Improvise Approach.

To get started straightaway, follow the instructions here, to keep your music space in tune.

There is a 20 minute training video available on my website and from Leicestershire Music Hub.

These Jamalong sessions allow students time and space to improvise harmoniously with each other, within a repeated musical framework.

The joy of always being in tune with each other, helps develop confidence and independence.

Each song has a picture and title/ theme to encourage easy recognition and imaginative play.

Traditional musical instruments are often very difficult for our PMLD students to access. By using iPads/ iPhones with the ThumbJam app and optimum positioning for the needs of that student, they have access to use any part of their body, to play a wide range of musical instruments and have more control over what and how they play.

It's amazing to see the motivation that is created when a student realises they can play beautifully! It helps develop their hand-eye coordination, listening and communication skills, turn-taking...and so much more.

The well-being we all experience when are able to access music, must be accessible to everyone.

It's our aim, that these sessions will help students/ staff/ carers/ parents....everyone, to make free, improvised, musical choices and give them the time to find their "inner muso".

The best app is **ThumbJam** IOS app £8.99 - <https://apps.apple.com/gb/app/thumbjam/id338977566>

Alternative FREE music-making apps:

AUMI - works in a similar way to a Soundbeam, using the iPad camera - <https://apps.apple.com/gb/app/aumi/id647002265>

Harp Real (plays in C major) - <https://apps.apple.com/gb/app/harp-real/id1481348599>

iGrand Piano (Free for iPad) - <https://apps.apple.com/gb/app/igrand-piano-free-for-ipad/id562914032>

Sensory Mica/ Vocalisation - <https://apps.apple.com/gb/app/sensory-mica-vocalization/id1114480218>

To keep your music space in tune

iPADS & THUMBAM APP SET TO C MAJOR PENTATONIC SCALE

Choose your instrument sound (see suggestions for each song).

ALL TUNED PERCUSSION chime bars, bells etc., SELECT THE NOTES

C D E G A

...and plenty of pots, pans, spoons, rice shakers and wrinkly tinkly things.

Sensory Speak Up/ Vocalise - <https://apps.apple.com/gb/app/sensory-speak-up-vocalize/id655636902>

For more details on The Improvise Approach, free resources and useful links, please visit our website at www.improviseapproach.com

Carrie & Mowkee's Jamalong 6

Song Titles	Mowkee's Props	Vocal	iPad Setting Suggestions
Welcome song -	Rice shaker	it's a la, la, la, la, lovely day	
1. Band	Cardboard tube Porridge tub Toilet rolls with sandpaper Carrie - ukulele chords C, F and G7	Laaa Laaa Altogether in the Band!	<ul style="list-style-type: none"> - Marimba (u) - Vibes (u) - TE Bb Clarinet (s) - Trumpet (s)
2. Shhh..	Wooden spoons Boomwhackers C and D Saucepan lid & wooden spoon iPad (ThumbJam) Blues Organ 2 Squeaker Plastic funnel Rice shakers Chimes & bells Drum	Shhhh.. Any sounds/voices/ instruments played loudly Noisy! La la la	<ul style="list-style-type: none"> - Vibes (u) - Mute Funk Guitar (u) - Blues Organ 2 (s) - Electric Guitar (s)
3. Kite	Card Kite - tape, string, wire coat hanger, small safety pin where strings cross and are taped to straightened hanger.		<ul style="list-style-type: none"> - Harp (u) - Vibes (u) - Flute (s) - String Ensemble (s)
4. Light	Carrie - iPad/ThumbJam/ Harp (u) Colour-changing ball (battery) and lamp (AC) D-LITE thumb tips Carrie - iPad/ ThumbJam/ Harp (u)		<ul style="list-style-type: none"> - Tanpura (u) - Harp (u) - Flute (s) - 'Cello (s)
Goodbye song		Goodbye, goodbye, Goodbye to you	
All backing tracks (c) Carrie Lennard, live guitar, iPad + ThumbJam Live 'everything else!' - Mowkee			For students using iPads and the ThumbJam app as an instrument, set key to 'C' and scale, Major Pentatonic. For some students, a sustained sound (s) is difficult to control, in which case, choose unsustained (u).

