

Jamalong sessions with Carrie & Mowkee

These jam sessions work alongside The Improvise Approach.

To get started straightaway, follow the instructions here, to keep your music space in tune.

There is a 20 minute training video available on my website and from Leicestershire Music Hub.

These Jamalong sessions allow students time and space to improvise harmoniously with each other, within a repeated musical framework.

The joy of always being in tune with each other, helps develop confidence and independence.

Each song has a picture and title/ theme to encourage easy recognition and imaginative play.

Traditional musical instruments are often very difficult for our PMLD students to access. By using iPads/ iPhones with the ThumbJam app and optimum positioning for the needs of that student, they have access to use any part of their body, to play a wide range of musical instruments and have more control over what and how they play.

It's amazing to see the motivation that is created when a student realises they can play beautifully! It helps develop their hand-eye coordination, listening and communication skills, turn-taking...and so much more.

The well-being we all experience when are able to access music, must be accessible to everyone.

It's our aim, that these sessions will help students/ staff/ carers/ parents....everyone, to make free, improvised, musical choices and give them the time to find their "inner muso".

The best app is **ThumbJam** IOS app £8.99 - <https://apps.apple.com/gb/app/thumbjam/id338977566>

Alternative FREE music-making apps:

AUMI - works in a similar way to a Soundbeam, using the iPad camera - <https://apps.apple.com/gb/app/aumi/id647002265>

Harp Real (plays in C major) - <https://apps.apple.com/gb/app/harp-real/id1481348599>

iGrand Piano (Free for iPad) - <https://apps.apple.com/gb/app/igrand-piano-free-for-ipad/id562914032>

Sensory Mica/ Vocalisation - <https://apps.apple.com/gb/app/sensory-mica-vocalization/id1114480218>

To keep your music space in tune

iPADS & THUMBAM APP SET TO C MAJOR PENTATONIC SCALE

Choose your instrument sound (see suggestions for each song).

**ALL TUNED PERCUSSION chime bars, bells etc.,
SELECT THE NOTES
C D E G A
...and plenty of pots, pans, spoons, rice shakers and wrinkly tinkly things.**

Sensory Speak Up/ Vocalise - <https://apps.apple.com/gb/app/sensory-speak-up-vocalize/id655636902>

For more details on The Improvise Approach, free resources and useful links, please visit our website at www.improviseapproach.com

Jamalong 7 PDF

Welcome	Props/ Instruments	Vocal	iPad ThumbJam Settings (U) unsustained (S) sustained
1. Snowball	Rice shakers Play snowballs/ rolled-up newspaper balls Bells Carrie - Ukulele		(u) Banjo (u) Vibes (s) Tenor Sax (s) Blues Organ
2. Bus Ride	Large saucepan lid Bells Carrie - iPad (ThumbJam) SquareClean	All aboard! Hello Lady!	(u) Banjo (u) Muted Funk Guitar (s) Blues Organ 2 (s) Blues Harmonica
3. Muddy Faces	Rice shakers Egg box Percussion bells C A E C Corrugated cardboard	Muddy Faces!	
4. Waterfall	Ocean drum (tray, plastic bag, rice and Gaffa tape) Rainstick Carrie - iPad (ThumbJam) Pan-Pipes (s)		(u) Upright Piano (u) Harp (s) String Ensemble (s) Round Sine
Goodbye		Goodbye, goodbye, Goodbye to you	For students using iPads and the ThumbJam app as an instrument, set key to 'C' and scale, Major Pentatonic. For some students, a sustained sound (s) is difficult to control, in which case, choose unsustained (u). All the music on this video is playable using C major pentatonic scale.