

## Jamalong sessions with Carrie & Mowkee

These jam sessions work alongside The Improvise Approach.

To get started straightaway, follow the instructions here, to keep your music space in tune.

There is a 20 minute training video available on my website and from Leicestershire Music Hub.

These Jamalong sessions allow students time and space to improvise harmoniously with each other, within a repeated musical framework.

The joy of always being in tune with each other, helps develop confidence and independence.

Each song has a picture and title/ theme to encourage easy recognition and imaginative play.

Traditional musical instruments are often very difficult for our PMLD students to access. By using iPads/ iPhones with the ThumbJam app and optimum positioning for the needs of that student, they have access to use any part of their body, to play a wide range of musical instruments and have more control over what and how they play.

It's amazing to see the motivation that is created when a student realises they can play beautifully! It helps develop their hand-eye coordination, listening and communication skills, turn-taking...and so much more.

The well-being we all experience when are able to access music, must be accessible to everyone.

**It's our aim, that these sessions will help students/ staff/ carers/ parents....everyone, to make free, improvised, musical choices and give them the time to find their "inner muso".**

The best app is **ThumbJam** IOS app £8.99 - <https://apps.apple.com/gb/app/thumbjam/id338977566>

### **Alternative FREE music-making apps:**

**AUMI** - works in a similar way to a Soundbeam, using the iPad camera - <https://apps.apple.com/gb/app/aumi/id647002265>

**Harp Real** (plays in C major) - <https://apps.apple.com/gb/app/harp-real/id1481348599>

**iGrand Piano (Free for iPad)** - <https://apps.apple.com/gb/app/igrand-piano-free-for-ipad/id562914032>

**Sensory Mica/ Vocalisation** - <https://apps.apple.com/gb/app/sensory-mica-vocalization/id1114480218>

### **To keep your music space in tune**

**iPADS & THUMBAM APP SET TO C MAJOR PENTATONIC SCALE**

**Choose your instrument sound (see suggestions for each song).**

**ALL TUNED PERCUSSION chime bars, bells etc.,  
SELECT THE NOTES  
C D E G A  
...and plenty of pots, pans, spoons, rice shakers and wrinkly tinkly things.**

**Sensory Speak Up/ Vocalise** - <https://apps.apple.com/gb/app/sensory-speak-up-vocalize/id655636902>

For more details on The Improvise Approach, free resources and useful links, please visit our website at [www.improviseapproach.com](http://www.improviseapproach.com)

## Carrie and Mowkee's Jamalong 8

Welcome	Props/ Instruments	Vocal	iPad ThumbJam Settings
<b>1. Canoe</b>	Rice shakers Paddle: cardboard tube, egg tray, Gaffa tape Chimes and bells Carrie - Ukulele	Canoe	(u) Banjo (u) Vibes (s) Tenor Sax (s) Blues Organ
<b>2. Yee Haa</b>	Flower box double Bass (broomstick, box, pegs, elastic bands, Gaffa tape.) Box with lid Egg box iPad (ThumbJam) -Blues Organ 2 Carrie - Guitarlele	Yee Haa	(u) Banjo (u) Muted Funk Guitar (s) Blues Organ 2 (s) Blues Harmonica
<b>3. Flying</b>	Blue shawl iPad (ThumbJam) - Vibes Carrie - Guitar (12 string)	Fly in the sky	(u) Marimba (u) Upright Piano (s) String Ensemble (s) Flute
<b>4. Sunset</b>	iPad (ThumbJam) - Cittern Rainstick		(u) Upright Piano (u) Harp (s) String Ensemble (s) Round Sine
<b>Goodbye</b>		Goodbye, goodbye, Goodbye to you	

